



Membership Plans - Comparison Chart

Plan Name	Details	# Classes	Price per month	Per class	CrossFit	Hyrox	Met Fix	Open Gym
Foundations	Ideal for getting started or busy schedules. No contract.	8 per month	\$89	\$11.12				
Momentum	6-month minimum; ideal for building consistency.	10 per month	\$109	\$10.90				
Peak	Full access; maximize performance.	Unlimited	\$119	\$6.45				
Punchcard	For those traveling more than 50% for work or students in college outside of the Bowling Green area.	25 per year	\$349	\$14.00				

****All plans are auto-renew***

Other Details:

- Drop In Fee: \$20
- 10% off Fire/Police/Military
- 15% off Additional Family Member
- 20% off WKU Students w/valid ID